

## Gear Required for Mount Rainer

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Mountaineering requires a different set of camping gear almost entirely. Here you will find a list of all of the gear that is needed.

### Technical Gear:

- Ice Axe w/Leash
- Crampons
- Trekking Poles

### Footwear:

- Insulated Plastic Boots
- Gaiters
- Wool or Pile Socks
- Liner Socks

### Lower Body:

- Base Layer or Long Underwear
- Insulating Layer
- Shell Pant
- Hiking Pants or Shorts

### Upper Body

Base Layer or Capilene Layer

Insulating Layers

Shell Jacket

Insulated Parka